

## GOALS

To provide compassionate and safe management of chemical withdrawal

To provide acute residential care with effective support, counselling and motivation for change

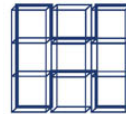
To provide a communal multipurpose addictions centre

## MISSION

To offer clients patient-oriented care that incorporates the values and preferences of clients and their families and is based on evidence based care.

## FACILITY

Morningstar Centre is a 36-bed, non-medical care and withdrawal unit for those in an acute state of intoxication or withdrawal from alcohol and/or chemical abuse. A crisis mental health bed is also available for individuals 16 and over experiencing a mental health crisis. Care is provided 24-hours a day, 7 days a week. The withdrawal facility also offers, recovery support, needle exchange and stabilization program. Morningstar Centre is a part of Lake of the Woods District Hospital's Mental Health & Addiction Programs and work closely with in-hospital programs as well as community and district partners.



**Lake of the Woods  
District Hospital**

**Morningstar Centre**  
Mental Health and Addictions program

6 Matheson Street South  
Kenora ON P9N 1T6  
1-800-405-7473  
807-468-5749

[lwdh.on.ca](http://lwdh.on.ca)



**Morningstar Centre**  
LAKE OF THE WOODS DISTRICT HOSPITAL

# Withdrawal Management Programs

A positive life influence for chemically dependant persons requiring crisis care and withdrawal management services

# SERVICES:

- 24-hours a day, 7-days a week
- Stabilization beds/program
- Medical support during acute withdrawal
- Acute withdrawal beds
- Crisis mental health bed
- Needle exchange



## STABILIZATION PROGRAM

The Morningstar Centre provides addiction detoxification services 24-hours per day, 365-days per year for clients with addictions and who are in need of support.

Detoxification takes place in a safe environment with withdrawal management support. Addiction assessments and referrals are available. There is a toll free number available for relapse prevention, withdrawal management and home detoxification support using harm reduction strategies.

The length of stay in the stabilization program can be flexible based on client's individual needs and treatment goals. The average length of stay is 7-days.

Group programming is offered Monday to Friday in collaboration with external organizations. Recovery support, social workers and an occupational therapist are part of the stabilization program, assessing treatment goals, referrals as well as providing case management and counselling.

### WHAT TO BRING

- Valid Ontario health card
- Recently filled prescriptions in original bottles/blister pack
- Status card (if applicable)
- Any personal items you may need during your stay
- Clothing (washer & dryer available)
- Electronic devices such as cell phones, MP3 players, laptops, tablets, iPads, video games are not allowed
- Free local phone is available

## AFTERCARE

Morningstar Centre has good working relationships with treatment centres in Ontario and Manitoba, as well as other detoxification centers. Referrals are made on a regular basis directly or indirectly involving clients' referral agencies. Clients are encouraged to stop by Morningstar as a part of maintaining an ongoing support system.

Our Communities  Our Hospital  
**LAKE OF THE WOODS DISTRICT HOSPITAL**

Morningstar Centre is funded by the Province of Ontario, Ministry of Health