



Lake of the Woods District Hospital
SURGICAL SERVICES

INSTRUCTION SHEET

FLEXIBLE SIGMOIDOSCOPY PREP

PATIENTS, PLEASE NOTE:

You are responsible to obtain and do your own enema prior to your arrival at the hospital.

1. **Dulcolax tablets** – take three (3), by mouth the evening before your procedure.
2. **Fleet enema** – one (1) enema at 6:00 p.m. the evening before your procedure
3. **Fleet enema** – one (1) enema prior to going to bed the evening before your procedure
4. Note that you are allowed to eat during the prep for the procedure.

Thank you,

Dr. S. Ghazali