



Lake of the Woods District Hospital
SURGICAL SERVICES

DR. WYKES INSTRUCTION SHEET
FLEXIBLE SIGMOIDOSCOPY PREP

For Patients Over 70 Years of Age:

PLEASE NOTE:

**You are responsible to obtain and do your own
enema**

1 hour prior to your arrival at the hospital.

1. **Fleet enema** – one (2) hours prior to your procedure then,
2. **Fleet enema** – one (1) hour prior to your procedure.
3. Note that you are allowed to eat during the prep for the procedure.

Thank you,

Dr. B. Wykes