

Lake of the Woods District Hospital

21 Sylvan Street

Kenora, Ontario

P9N 3W7

Telephone (807) 468-9861

Did your doctor tell you that you have developed an infection related to your surgery?

If YES, please call the Infection Prevention Control office at LWDH

(807) 468-9861 extension 2362

Thank you for helping us ensure quality care.

**DISCHARGE
INSTRUCTIONS
FOR
BRONCHOSCOPY**

1. You should not eat or drink until your gag reflex returns. (approximately 1 hour) Test your throat with a tiny sip of water to make sure you can feel the water in your throat and not choke. Once your gag reflex returns, you may resume your usual diet, unless otherwise instructed.
2. **If you have been given anesthesia or sedation;**
 - Do not drive or operate machinery for 24 hours.
 - Do not make important decisions or sign any important documents in the next 24 hours. Do not plan any activities that require complex thought or coordination for 24 hours.
 - Do not consume alcohol, tranquilizers or sleeping medications for the next 24 hours.
 - Sedative and narcotic medicines given during a bronchoscopy may linger for hours. You may feel dizzy for several hours after your procedure.
 - **You must have an adult with you tonight at home.**
3. You may experience throat irritation or hoarseness for a short time following the procedure.
4. Restrict your activity and rest for the remainder of the day. Resume normal activity on the day following your procedure.
5. Resume any medications that you were taking before your procedure.
6. You may note a small amount of blood in your sputum. This is of no concern after a bronchoscopy, especially if a biopsy was done.

7. If a biopsy was done, it will be sent to the pathologist for analysis. After 7 – 10 days, your physician will receive a report which he/she will call you about (if necessary) or discuss it at your follow-up appointment.

8. **Go to an Emergency Department** if any of the following occurs:

- Chest pain
- Persistent blood in sputum
- High fever (38°C or 100°F)
- Severe heartburn
- Difficulty swallowing or breathing
- Heart palpitations

9. Make an appointment to see Dr. _____
in _____ Phone number _____

If you have any questions do not hesitate to call your doctor.

Special Instructions:
